

TASMANIAN STATE TRACK AND FIELD CHAMPIONSHIPS

TECHNICAL REGULATIONS - [Updated 300115]

[as adapted for this competition from the AT General Regulations]

1. Championships will be conducted according to the rules of the IAAF, Athletics Australia and Athletics Tasmania.
2. Athletics Tasmania shall appoint a Technical Delegate and/or Competition Director for each State Championships who will assume overall responsibility for the meet. This person will have sole and final responsibility for the implementation of these Regulations and any decisions relating thereto concerning the running of the competition.
3. **UNIFORMS:** All Tasmanian athletes must wear their club colours during competition. Non Tasmanian athletes will be permitted to compete in their club or state colours. Dual registered TLAA athletes should wear their AT club uniform. Athletes registered only with TLA should wear their TLA club/centre uniform. Athletes without a club uniform should compete in an essentially white competition top with plain coloured shorts or briefs.
4. **COMPETITION NUMBERS:** Athletes must wear both their current season registration numbers (except in HJ and PV where only one number may be worn). Athletes registered interstate or only with TLA will be issued with an AT competition number for the duration of the Championships. These must be worn on the front and back of the competition uniform firmly attached, and if pinned with not less than four (4) pins, so the entire number and sponsorship information can be easily read. No part of the number shall be folded under the uniform or in any other way. Athletes who do not have their competition numbers with them, will be required to hire a temporary set at a cost of \$5.

ATHLETICS TASMANIA WILL ENFORCE IAAF RULE 143.8, WHICH RENDERS AN ATHLETE LIABLE TO DISQUALIFICATION IF S/HE TAMPERS IN ANY WAY WITH THE COMPETITION NUMBER.

5. **ENTRY PASSES: Competing athletes will not be charged through the gate.** The names of all competing athletes will be provided to gate staff if a gate is in operation. Competing athletes should check at the gate upon arrival to ensure that they are not charged to come thorough the gate.
6. **ADDITIONAL HEATS/ELIMINATION ROUNDS:** If additional heats or elimination rounds are required (other than those already scheduled) all entrants for that event will be notified via the AT website (if known before the championships) or via the PA system (if arising during the Championships).
7. **CONFIRMATION OF ENTRIES:** It is the responsibility of each athlete to confirm for each event in which they intend to compete no later than thirty (30) minutes before the scheduled starting time of the first round of the event as listed in the final timetable on the AT website. After close of confirmation for each event, heat allocations and lane draws will be conducted for those events requiring them. Draws for all events will be advised as soon as they become available. Where heats were provided for in the FINAL timetable and subsequently they are not required after confirmation, then in such cases the final will be held at the time scheduled for the heats – except in the open age group, where finals will always be held at the time scheduled for the final.

The following regulations apply to late confirmations:

- 7.1 *Athletes who are in line at the time confirmation closes for their event, will be able to confirm. Prior to closing off the event the judge in charge shall announce in the confirmation area only that the confirmation for the particular event is closing and calling on an athletes who have not yet confirmed to come forward.*
- 7.2 *Athletes seeking to confirm at any later time, will be permitted to do so upon the payment of a late confirmation fee of \$2.00. Such athletes will be placed in the case of track events in any available lane. There will be no re draws. In the case of field events, athletes will compete in their original position.*
- 7.3 *Where a round was cancelled by virtue of there being insufficient confirmations to warrant it, only athletes confirmed at that time may compete in the next round (which will usually be the final). No late confirmations will be accepted in such circumstances.*
- 7.4 *Where an event was cancelled by virtue of there having been NO confirmations at confirmation time, late confirmations (upon the payment of the fee) will only be accepted where it remains practicable to restore the event to the programme.*
8. **SCRATCHINGS:** If an athlete fails to scratch from an event after confirmation or does not compete in all rounds of an event for which s/he has qualified, s/he will not be permitted to compete in any other event in the championships, including relays (IAAF Rule 142.4). Please note new wording in IAAF Rules regarding medical certificates enabling athletes to compete on subsequent days.
9. **PROGRESSION TO FINALS (TRACK):** Rules for progression and qualifying rounds are as follows. These are the numbers of athletes who confirm and over-ride the IAAF Rules, and remain subject to changes directed by the Technical Delegate/Competition Director or Athletics Tasmania.

200/400 metres (including hurdles)	1-8	Final only
	over 8	Two rounds only
100*/800* metres/straight hurdles*	1-9	Final only
	over 9	Two rounds only
1500 metres	1-18	Final only
1500 metres (other than open)	19+	Timed finals (based on season bests)
1500 metres (open)	19+	Two rounds only
3/5000 metres & steeple		Final only
Walks		Final only

In the case of straight events and 800 metres, up to 10 athletes, may be included in some heats or finals to eliminate unnecessary rounds. If more than 30 confirmations are received for 100m or straight hurdles, and more than 24 confirmations for the 200m or 400m or 200m / 400m hurdles events, additional rounds may be programmed.

PROGRESSIONS - For events up to 800 metres:

3 heats	First 2 per heat plus next 2 fastest to final
2 heats	First 3 per heat plus next 2 fastest to final

Where it is decided that semi finals shall be conducted, adjustments to the above progressions will be made and notified prior to the commencement of the first heat.

The 'next fastest' will be decided on times. If the times are equal then, unless there are adequate available lanes in the next round the highest placing in the round will determine who will progress to the next round. If there is insufficient space in the next round for all competitors to progress a draw by lot shall be held amongst the tying competitors. Reserves will not be placed in finals, where a withdrawal occurs.

10. **PROGRESSION TO FINALS (FIELD):** All competitors in horizontal jumps and throwing events will be entitled to three trials. The best eight after completion of the three trials will be entitled to;
- U14, U15, U16 events** – one additional trial
 - U18, U20 and Open events** – 3 additional trials.
11. **TRIPLE JUMP:** The following boards will be used in the triple jump:
- | | |
|--------------------------|---------|
| Under 14 (Men) | 7/9/11m |
| Under 14 (Women) | 7/9m |
| Under 15/16 (Men) | 9/11m |
| Under 15/16 (Women) | 7/9/11m |
| Under 18/20/Open (Men) | 11/13m |
| Under 18/20/Open (Women) | 9/11m |

In respect of triple jump events in which only two boards are prescribed a third board may be designated for the competition by the Jumps Referee prior to the start of competition after considering requests from any athlete(s) who considers they would not be able to successfully jump from the designated board closest to the pit.

12. **VERTICAL JUMPS:** Starting heights and height progressions for all vertical jumps will be set at the discretion of the Jumps Referee appointed for the event. Jump offs will be held where there is an equal first place after the application of the relevant count-back rules, unless the Jumps Referee after consultation with the Competition Director/Technical Delegate determines that the prevailing conditions justify the termination of the event at that or any subsequent point.
13. **POLE VAULT RULE DISPENSATION** [*This dispensation shall apply for the relevant age groups at all meetings held in Australia*]
- AA Competition Rule 20.2.27: Rule 183.2 (a) – *For the under 18 age group and lower for women and the under 16 age group and lower for men, this rule, at the discretion of the chief judge of the event, may not be applied to a particular trial, where in the opinion of the chief judge, a competitor made a reasonable attempt to push the pole back in the direction of the runway, but the wind then caused the bar to be dislodged by the pole.*
14. **PRIVATE IMPLEMENTS:** Athletes who wish to use their own throwing implements during the championships MUST lodge them with the Technical Manager at the Technical/Equipment Room, no later than **one (1)** hour before the scheduled starting time of that particular event on the day of competition or on a previous day. The implements will be impounded until after the event or events for which they are submitted at which time athletes may collect them from the Technical/Equipment Room.
15. **STARTS:** Starting blocks must be used for all events up to and including 400m and only those supplied by the Organising Committee may be used. Private blocks will not be permitted.
- The IAAF start rules that came into effect on 1 January 2010 will apply to the under 15 age group and above. The AA dispensation (which applies the rule prevailing prior to 1 January 2010) will apply to Tasmanian Championship competition in the under 14 age group only.
16. **SPIKES:** Spikes, if used, must be pyramid or needle type. In shoes for track events and long/triple jumps they must be 7mm maximum. For high jump and pole vault the maximum shall not exceed 12mm.
17. **CLUB RELAYS:** Club relay entry forms must be completed in line with normal entry closing procedures. Competitors and order of running must be nominated 90 minutes to the official start of the event may be changed up to thirty minutes prior.
18. **MEDAL PRESENTATIONS** will be made as soon as possible after the final of each event. All placegetters are asked to assist with this procedure by going with an official at the completion of the event and are requested to wear either their competition singlet or tracksuit top for the victory ceremony. Presentation officials will assist in ensuring athletes are ready and correctly dressed.
19. **AWARDING OF MEDALS:** Medals will be awarded to the first three place getters in the final of each event on the basis of Gold for first, Silver for second and Bronze for third. Duplicate medals will only be awarded where the medal-winner is a registered athlete from outside Tasmania, in which case they will receive the relevant medal for their position in which they finish.
20. **PROTESTS** must be lodged initially with the Referee as per IAAF Rules. Appeals to the Jury are to be made in writing on the appropriate Appeal Form and lodged with the \$20 fee. Appeals can be made by either the athlete or their nominated representative and should be lodged in the Administration Room where forms will be available. At these championships an approved club official may be present to assist an athlete aged under 18 years whenever an athlete is being addressed or questioned by a Referee or the Jury of Appeal.
21. **TRAINING AND WARM UPS:** Warm-up will be permitted on the back straight only. Athletes are requested to be aware of events in progress during their warm up period and to take notice of the directions of officials in this area. No training is permitted during a championship competition.
22. **ATHLETE OF THE MEET:** A Male and Female Athlete of the Meet may be announced at the conclusion of the meet. These awards will be determined, on the basis of a single performance only, by a selection panel comprising of the Events and Marketing Manager, the Chairman of Selectors and the State Performance Manager. Should it be the case that two of these roles are held by the same person, a substitute will be appointed.
23. **CLOSURE OF ENTRIES:** Entries for the main weekends of the 2014-15 AT Track and Field Championships, will close at 5.00pm:
- in the case of the Championships to be held on 21 and 22 February 2014 - on Monday 16 February.
 - in the case of the Championships to be held on 20-22 March - on Monday 16 March.
- It is preferred that entries should be made via the AT website. Where access to the internet is not available, hard copy entry forms may be used and submitted. Closing times for events held separately will be as notified for those events.
24. **LATE ENTRIES:** Late entries will be accepted up to 12noon on the Friday following under AT Policy guidelines published on the AT website. A Late Entry Fee **will** apply to all entries received after the closing date. **No** entries will be accepted on the day of competition (except for the combined events and 10000 metres run and walk), unless the Competition Director determines that special circumstances apply. Late entries will only be accepted where acceptance does not require the conduct of an additional round in the event.

25. **MULTIPLE ENTRIES:** Provided they are age eligible, athletes may enter in the same or a similar individual event in no more than two age groups from under 14 to under 20 inclusive PLUS the Open Championships. Should an athlete enter more than one age group in respect of under age events held on 21-22 February, one must be the age group that relates specifically to their year of birth. An athlete may not enter two age groups of the same event when according to the published draft timetable they are scheduled to be held simultaneously.

The only exception will be the U15 and U16 age groups since athletes are not permitted to enter both of these age groups. If entering in either of these age groups, the athlete must enter that which applies specifically to their year of birth. If they wish to enter a second age group (subject to regulation 26) it would be U18, U20 or open in both cases.

To be clear an U14 athlete may enter (subject to regulation 26) an event in their own age group (U14) and in U15.

No restrictions will apply age-wise to relay events but clubs are expected to exercise care and responsibility in allocating athletes to multiple relay events.

26. **ELIGIBILITY AND AGE RESTRICTIONS:** Athletes must be full "all year" members of Athletics Tasmania (or another Member Association of Athletics Australia) or current AT/TLA dually registered and be under the relevant age as of 31 December in the year of competition. Athletes must turn at least 10 years of age in the year of competition to compete in AT track and field championships.

Note: Athletes registered only with TLA and turning 10, 11 or 12 in the year of competition are also eligible to enter the Championships upon payment of the championships registration fee in addition to the event entry fees.

27. **RESTRICTIONS ON EVENT ENTRIES:** The following age limitations will apply for Tasmanian track and field championships:

27.1 – an athlete must turn 14 years of age in the year of competition to compete in steeplechase or events of distance in excess of 3000m (with the exception as provided in 27.5);

27.2 – an athlete must turn 12 years of age in the year of competition and have received skill training from an accredited coach beforehand to compete in pole vault and hammer throw competitions

27.3 – an athlete aged 12 or under on day of competition will only be permitted to compete in Under 14 age group plus relays in older age groups;

27.4 – an athlete must turn 16 years of age in the year of competition to compete in events of distance in excess of 5000 metres;

27.5 – an athlete aged 13 years on the day of competition may compete in a 5000m race walk championship. An athlete aged 14 or 15 years on the day of competition may compete in the 10000m race walk championship.