

North West Athletics Club results Penguin Track 25th October 2003

Women's Results

100m - Heat 1 (wind +1.02) M Whiley 12.14, M Poke 12.44 (new record U15). Heat 2 (wind +0.84) G Harris 13.68, M Berger 13.48, K Witherden 14.18, K Huxtable 13.66. Heat 3 (wind +0.33) A Keeler 15.45, J Turale 15.02, E Turale 14.58, S Cowen 14.02, J Swain 15.62, A Thompson 14.02, L Maynard 14.21, C Maynard 14.44. 200m - Heat 1 (wind +1.89) M Whiley 24.64 (new record U20) M Poke 25.52. Heat 2 (wind +2.68) K Witherden 28.50, E Harris 26.00, K Huxtable 27.62. Heat 3 (wind +2.35) H Graham 29.02, G Harris 29.12, C Oakley 28.78, J Swain 33.20. Heat 4 (wind +2.94) A Thompson 28.78, J Turale 31.14, S Williams 29.72, A Keeler 35.02, L Maynard 29.36, S Cowen 29.28. 800m - L St John 2.17.24, M Hoare 2.24.20, S Atkins 2.24.98, S Leary 2.38.22, C Oakley 2.51.50. Hurdles - 400m K Huxtable 1.06.50. 200m A Keeler 40.92, H Graham 34.86. Long Jump - C Oakley 3.80m, S Williams 4.08m, M Whiley 4.83m, G Harris 3.90m, C Maynard 4.35m, A Keeler 3.71m, S Leary 3.62m, C Doyle 2.91m, L Maynard 3.83m, H Graham 4.16m. Javelin - J Turale 19.17m, E Turale 13.77m, L Stutterd 27.85m.

Men's Results

100m - Heat 1 (wind +1.15) B Smart 12.06, S Inglis 12.00, J Deegan 11.58, G Jubb 11.50, J Whiley 11.90, M Swain 11.78. Heat 2 (wind +1.02) A Hall 12.90, K Perry 12.06, J Coles 12.34, J Arnold 12.50, B McDonald 11.76. Heat 3 (wind +0.02) K Turale 12.94, K Inglis 12.66, D McGinley 13.06, T Weller 13.50, T Graham 13.10, A Jackson 13.96, E Mansfield 14.84. 200m - Heat 1 (wind +2.21) K Perry 24.96, J Whiley 24.78, S Inglis 23.66, M Swain 23.78, G Jubb 23.44, J Coles 25.04, B McDonald 24.12. Heat 2 (wind +1.89) D McGinley 26.98, K Turale 26.54, A Hall 26.36, J Arnold 25.32. Heat 3 (wind +2.24) T Graham 26.54, E Mansfield 30.34, A Jackson 28.74, T Weller 27.74. 800m - D Glover 2.05.65, T Atkins 2.01.58, T Wallace-Pannell 2.01.20, A Jones 2.00.02, T Weller 2.49.82. 3000m - A Jones 9.25.18, B Lyons 9.05.52. High Jump - J Coles 1.65m, K Inglis 1.65m, T Graham 1.65m, T Weller 1.55m, B McDonald 1.70m, D McGinley 1.50m, E Mansfield 1.35m. Triple Jump - K Inglis 11.35m, T Graham 10.26m, D McGinley 10.12m. Long Jump - S Inglis 6.19m. Discus - A Hall 26.62m D McGinley 21.11m. Javelin - D McGinley 23.18m, A Hall 35.87m, T Graham 21.98m K Taylor 26.65m.