

TMA RESULTS 19/11/03

200m - There are no times for this event, but the placeings are as follows - D Lance, E Gerlach, E Lockett, S Hanek, A Lucas

5000m walk W45 E Leitch 31.37.0; M30 M Robertson 31.23.7; M45 P Leitch 32.15.6

5000m W40 G Cranfield 26.46.7; M40 M Baily 23.36.4; M50 D Lucas 24.28.0; M75 S Harrex 30.31.7

3000m walk J Bamford 25.13.8

3000m M55 L Marsh 12.53.2

60m W40 D Lance 8.8; W50 A Lucas 10.5; W55 S Hanek 10.3; M40 E Gerlach 8.9, M Baily 9.0; M50 D Cresswell 11.31; M60 E Lockett 9.9

150m W40 D Lance 21.0; W50 A Lucas 27.5; W55 S Hanek - no time; M50 D Cresswell 29.6; M60 E Lockett - no time

800m W40 D Lance 3.54.9; W50 A Lucas 3.25.1; W55 S Hanek 3.55.1; M40 M Baily 3.54.8; M50 D Cresswell 3.04.5

Hammer W30 N Morris 13.67; W70 M Browning 11.47; M40 P Browning 19.62

Javelin W30 N Morris 9.58; W40 D Lance 22.72; W45 L Lyden 18.31; W50 A Lucas 12.88; W55 S Hanek 15.94; W70 M Browning 8.25; M40 M Ball 37.77, P Browning 29.47; M60 E Lockett 17.39; M75 B Campbell 15.56; M85 C Hurburgh 12.36

High Jump W40 D Lance 1.10; W55 S Hanek 1.10; M60 E Lockett 1.30